

NEWSLETTER

Welcome Note

Dear Families, Friends, and Community,

Happy Pride Month! And welcome to JUNE edition of Colchester Road Residential Care Home Newsletter! It's been a busy few weeks filled with changes and improvements. We're proud of the work we're doing to uphold quality care standards and make everyday meaningful for our residents and we are excited to share some updates with you.

Resident Spotlight

This month, we're shining a light on one of our residents who used to be a pilot. He's quietly shared bits and pieces about his time in the air, and honestly, it's been eye-opening. From flying across different countries to adapting to life after retirement, his journey is a reminder that everyone here has a story that goes beyond what we see today.



Every now and then, it's nice to pause and recognise the lives our residents have lived full, interesting, and rich in experience.



Home & Health Updates



We're proud to share that we recently received a **5-star Food Hygiene Rating** following our environmental health inspection! This is a reflection of the high standards we maintain in our kitchen and across the home, and a big thank you goes to our staff for their hard work and teamwork behind the scenes.

Activities & Events

As we step into July, we're excited for a fun-filled month ahead! Here's a look at what's coming up:

- Paint n Sip, arts and crafts, bingo
- World Chess Day, French trivia, spa day
- Wimbledon on the 13th, dance therapy and more

The full activities menu will be available on our website. Families are welcome to join, please let us know if you'd like to attend or support!



NEWSLETTER

Celebrating Birthdays



On the **7th of June**, we celebrated one of our residents with a homemade cake fresh from our kitchen. It was a simple but meaningful day filled with smiles, birthday cards, and singing.

We also wish a happy birthday to our staff member 'Nneoma', who marked her special day on the **22nd of June**.

Staff Appreciation Spotlight



This month, we want to extend a heartfelt thank you to every member of our team. Whether it was a small act of kindness, going the extra mile, or simply showing up with a positive attitude. Each person brought something special. June was a busy month, and everyone came through in their own way. Your hard work and team spirit never go unnoticed, and we truly appreciate all that you do.

We're so grateful to have you on board with us! We're not just building a care home, we're creating a warm and loving community where everyone feels safe and comfortable. If you're looking to drop by for a visit, or just want to enquire over a cuppa, our door is always wide open.



Until next time,
**The Colchester Road
Residential Team**

Kitchen Highlights

Here's a peek into some of the meals we've been serving lately. Freshly made, full of flavour, and always prepared with care. Our team takes pride in cooking up dishes that are not only nutritious but bring comfort and joy to the dining table.



Family & Community Notice

- As we continue settling into our routines and building memories with our residents, we welcome any feedback or ideas. If you'd like to volunteer, share a skill, or get involved in any way, please speak to management, we'd love to hear from you!
- If you haven't yet, **follow us on Facebook and Instagram** to stay updated with events.